

Work Life Training and

Seminar Expansion

American Behavioral is excited to announce the development of a robust new training center on the Personal Advantage work/life website.

The Personal Advantage website is comprised of over 20,000 articles on work/life topics such as well-being, family life, health, financial, legal, personal growth, stress, and wellness. It contains interactive resources such as videos, quizzes, webinars, downloadable will kits, financial and budgeting tools, as well as numerous other resources. In addition to our current offerings on the Personal Advantage website, the American Behavioral training library will now include more than 100 engaging, interactive courses in a variety of subject areas including: Communication; Professional Development; Leadership; Mindfulness and Self-Awareness; Personal Growth; and Interpersonal Skills. Some of the sample course topics include: Dealing with Generation Gaps; Social Media in the Workplace; Emotional Intelligence; Conflict Management; and Creative Problem Solving.

Our interactive training library, fully hosted and tracked on a proprietary Learning Management System and seamlessly integrated with the Personal Advantage website, will be fully voiced (and include transcripts), offer additional tools and resources, offer custom completion certificates and more. Full participation reports will be available by group.

In addition, we will offer an off-line counterpart to each course to meet your continued face-toface training needs. Our resources available as in-person, trainer-lead courses will include: Training manual; Instructor Guide; Icebreakers and activities; and PowerPoint presentations. For more information, contact marketing@americanbehavioral.com.

Work Life Training and Seminar Topics

Administrative Skills

Administrative Office Procedures Administrative Support Basic Bookkeeping Business Writing Collaborative Business Writing Executive and Personal Assistants Meeting Management Organizational Skills Social Media In The Workplace Supply Chain Management

Career Development

10 Soft Skills You Need Assertiveness And Self-Confidence **Communication Strategies Creative Problem Solving Developing Creativity Digital Citizenship** Entrepreneurship **Interpersonal Skills** mLearning Essentials **Negotiation Skills** Personal Branding **Project Management Telework And Telecommuting Time Management** Women in Leadership Workplace Diversity Workplace Harassment Workplace Violence

Human Resources

Business Succession Planning Developing a Lunch and Learn Employee Onboarding Employee Recruitment Generation Gaps Health and Wellness at Work Hiring Strategies Human Resource Management Measuring Results From Training Millennial Onboarding Talent Management Train-The-Trainer

Personal Development

Anger Management Attention Management Being A Likeable Boss Critical Thinking Emotional Intelligence Goal Setting and Getting Things Done Improving Mindfulness Improving Self-Awareness Increasing Your Happiness Job Search Skills Managing Workplace Anxiety Personal Productivity Public Speaking Social Intelligence Work-Life Balance

Topics continue on next page.

For more information, please contact

marketing@americanbehavioral.com or call 800-925-5327

Work Life Training and Seminar Topics

Sales And Marketing

Body Language Basics Call Center Training Creating a Great Webinar Employee Recognition Event Planning High Performance Teams Inside the Company **High Performance Teams Remote Work**force Internet Marketing Fundamentals **Marketing Basics** Media And Public Relations **Motivating Your Sales Team Overcoming Sales Objections Presenta**tion Skills **Proposal Writing Prospecting and Lead Generation Sales Fundamentals Telephone Etiquette** Trade Show Staff Training

Supervisors And Managers

Budgets And Financial Reports Coaching And Mentoring Conducting Annual Employee Reviews Developing New Managers Employee Motivation Facilitation Skills Knowledge Management Leadership And Influence Lean Process And Six Sigma Manager Management Middle Manager Office Politics For Managers Performance Management Supervising Others Virtual Team Building And Management

Workplace Essentials

Appreciative Inquiry Business Acumen Business Ethics Business Etiquette Change Management Civility In The Workplace Conflict Resolution Customer Service Delivering Constructive Criticism Developing Corporate Behavior Handling a Difficult Customer **Networking Outside the Company Networking Within the Company Risk Assessment and Management** Safety In The Workplace **Team Building For Managers Teamwork And Team Building**



For more information, please contact

marketing@americanbehavioral.com or call 800-925-5327